

|                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                                     |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|---------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|-----------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|------------------------------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|-------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Minorita Kft , 3525. Miskolc, Kelemen Didák u. 1. |  |  |  |  |  |  |  |  |  |  |  |  |  | Étlap                                                                                                               |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Repeta Win Szoftver                                        |  |  |  |  |  |  |  |  |  |  |  |  |  | 41.hét                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ÁLT.I.(11-14)-A                                   |  |  |  |  |  |  |  |  |  |  |  |  |  | 2026.10.05 - 2026.10.09                                                                                             |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |
| HÉTFŐ                                             |  |  |  |  |  |  |  |  |  |  |  |  |  | KEDD                                                                                                                |  |  |  |  |  |  |  |  |  |  |  |  |  | SZERDA                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  | CSÜTÖRTÖK                                                  |  |  |  |  |  |  |  |  |  |  |  |  |  | PÉNTEK                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |
| T                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                                     |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                                     |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <u>Allergének</u>                                 |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                          |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |
| g                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                                     |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |
| E                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  | Tarhonyaleves-zöldséges(8-1-3-11-2-4-10)<br>Kelkáposzta főzelék(1)<br>Sertéspörkölt(11)<br>Kenyér - főzelékhez(1-8) |  |  |  |  |  |  |  |  |  |  |  |  |  | Csontleves(1-3-2-4-10)<br>Kínai édes-savanyú csirke(1-8-10)<br>Párolt rizs        |  |  |  |  |  |  |  |  |  |  |  |  |  | Lencsegulyás<br>Kenyér-leveshez(1-8)<br>Töltött nudli(1-3) |  |  |  |  |  |  |  |  |  |  |  |  |  | Tojásleves(3-1)<br>Lecsos maj<br>Petr.burgonya-t.<br>Savanyúság * |  |  |  |  |  |  |  |  |  |  |  |  |  | Zöldségleves(1-2-3-4-10)<br>Rántott halfilé(3-1-6-2)<br>Franciasaláta*(3-10-2)<br>Kenyér - főzelékhez(1-8) |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                          |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                                                          |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  | TEJ(2)GLUTÉN(1)SZÓJA(8)TOJÁS(3)ZELLER(4)MUSTÁR(10)                                                                  |  |  |  |  |  |  |  |  |  |  |  |  |  | TEJ(2)GLUTÉN(1)SZÓJA(8)TOJÁS(3)ZELLER(4)MUSTÁR(10)                                |  |  |  |  |  |  |  |  |  |  |  |  |  | GLUTÉN(1)SZÓJA(8)TOJÁS(3)                                  |  |  |  |  |  |  |  |  |  |  |  |  |  | GLUTÉN(1)TOJÁS(3)                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  | TEJ(2)GLUTÉN(1)HAL(6)SZÓJA(8)TOJÁS(3)ZELLER(4)MUSTÁR(10)                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |
| g                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  | Kcal F Zs Sz Só T.zs Cuk<br>784 27 45 58 4,7 5 0                                                                    |  |  |  |  |  |  |  |  |  |  |  |  |  | Kcal F Zs Sz Só T.zs Cuk<br>630 30 17 85 4,6 2 0                                  |  |  |  |  |  |  |  |  |  |  |  |  |  | Kcal F Zs Sz Só T.zs Cuk<br>1210 41 40 165 4,5 5 15        |  |  |  |  |  |  |  |  |  |  |  |  |  | Kcal F Zs Sz Só T.zs Cuk<br>594 27 30 53 5,2 5 0                  |  |  |  |  |  |  |  |  |  |  |  |  |  | Kcal F Zs Sz Só T.zs Cuk<br>1150 40 38 91 6,6 13 4                                                         |  |  |  |  |  |  |  |  |  |  |  |  |  |
| u                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                                     |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                          |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  | <u>Allergének</u>                                                                                          |  |  |  |  |  |  |  |  |  |  |  |  |  |
| g                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                                     |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |